



ZION

LUTHERAN SCHOOL



ATHLETICS

GIRLS



Volleyball
(Gr. 3-8)



Basketball
(Gr. 3-8)



Track
(Gr. 3-8)



Cheerleading
(Gr. 4-8)

BOYS



Baseball
(Gr. 5-8)



Volleyball
(Gr. 3-8)



Basketball
(Gr. 3-8)



Track
(Gr. 3-8)



PARTICIPATION REQUIREMENTS



All participants on sport teams must receive a **physical examination** from a doctor before practicing or playing on any team.



Families must complete a **Commitment Form** and pay the **\$30 Sports Fee** (per sport) before the child can participate.



Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games exercises self-control in all things. They do it to get a crown that will not last, but we do it to get a crown that will last forever.

1 CORINTHIANS 9:24-25

